



Elements of Health Dead Sea Salts

Feel good about your purchase knowing our Dead Sea Salts are prepared locally (in our clinic!) with all natural ingredients. Dead Sea Salts are great for the skin, add a nice aroma to a bath, and have detoxifying benefits for the body. Large and Small sizes. Regular, Sugar Plum, Coffee Cake, and more varieties available!



elements of health

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HIGH RIVER, AB
(403)603-3299

www.elementsofhealthhighriver.com

VALENTINE'S TREATS @ ELEMENTS OF HEALTH!

Colour Energy Essential Oils

Colour Energy offers their own synergy mixture of Chakra oils, ensuring blends that are unique and exclusive!

Choose from:

Red (Root Chakra), Orange (Spleen Chakra), Yellow (Solar Plexus Chakra), Green (Heart Chakra), Blue (Throat Chakra), Indigo (Brow Chakra), Violet (Crown Chakra), Turquoise (Aura Field) & Pink (Cosmic Chakra) Blends.

ONLY \$2.00 FOR A SAMPLE SIZE OR \$22.00 FOR A SET OF 6 LARGER OILS

ALSO AVAILABLE FROM COLOUR ENERGY:

- ♥ **"CANADIAN BLENDS" FOR THE OLYMPIC GAMES!**
- ♥ **AROMATHERAPY DIFFUSER FOR HOME AND SET OF 4 ESSENTIAL OILS FOR \$38.95**

Check out our wide selection of Tea for your Sweetie!

- ♥ *Stash Flavoured Teas (Chocolate Hazlenut, Vanilla Chai, Ginger Lemon, Goji Berry, Acai Berry)*
- ♥ *Chanakara Chakra Teas*
- ♥ *Uncle Lee's Bulk Green Teas*
- ♥ *Nature Slim Tea, and more!*

Colour Energy Colour Bath Kits

Why Bathe in Colour?

Light consists of the seven colour energies: Red, Orange, Yellow, Green, Blue, Indigo, and Violet. Each colour is connected to various areas of our body and will affect us differently emotionally, physically, and mentally.

***SPECIAL FOR VALENTINE'S DAY:
-PINK & RED COLOUR BATH KITS***

Includes: Bath Colour Pigment, Dead Sea Salt, Essential Oil, and Chakra Stone.

GIVE A RELAXING AND UNIQUE SPA EXPERIENCE IN YOUR HOME FOR ONLY \$8.95

If you are looking for something extra to pamper your sweetie, yourself, or a special friend/family member, stop by Elements of Health for some unique and specialized gift

ideas that won't break the bank!

- ♥ *Treatment Gift Certificates*
- ♥ *Great Spa Products*
- ♥ *Health Supplements and Tea*

A SAUNA PACKAGE MAKES A GREAT GIFT! OUR FAR-INFRARED SAUNA HAS MANY HEALTH BENEFITS INCLUDING:

- ♥ **HEAVY METAL BODY DETOXIFICATION**
- ♥ **MUSCLE TENSION RELIEF**
- ♥ **IMPROVES SKIN**
- ♥ **STRENGTHENS CARDIOVASCULAR SYSTEM AND CIRCULATION**
- ♥ **REMOVES CELLULITE**
- ♥ **HELPS REDUCE STRESS, FATIGUE, AND HIGH BLOOD PRESSURE**
- ♥ **BURNS CALORIES (UP TO 600 CALORIES IN 30 MINUTES ALONE!)**
 - **PACKAGES STARTING @ \$50! (30 MINUTE SESSIONS X 3 SESSIONS)**